...Stuff from the Pastor

(Continued from previous page) I pulled a muscle watching American Ninja Warrior. The way those athletes jump, twist, and turn during the completion of those obstacle courses amazes me. I thought my extra effort given to those athletes would help them clear that twenty foot obstacle or balance on that skinny railing. Well, I over did it and now I have a serious hitch in 'my get along'. I have to remember I am not that young anymore, and I should think twice or three times before I try to help those young athletes. They will have to succeed without my help. I watched the sprinters try out for the Olympics and I offer two suggestions. One, ladies cut your hair and see if you could make up a few hundredths of a second with that weight loss. Two, it's ok to open your mouths and grab all the oxygen you can suck down when you finish your race. Some racers won't open their mouths because, for some odd reason, breathing hard after a race is not considered cool. I would be on the ground moaning and sucking in the entire universe to get enough air into my lungs. Remember when you had to run the mile in school and how awful you felt when the race was over? Yeah, that feeling is something these professional athletes will never experience. Someone asked me how they would time me if I ran the mile. I told them to get a sundial or a calendar. You won't need a clock to time me. What about you? Yeah, that's what I mean. Keep praying for rain and karma. I ask for special prayers for the youth and folks at camp or on vacation.

Be Well, Gary K.

Conservation group expands unique photography contest

Wildlife in Focus, a non-profit organization which targets wildlife ecosystem and

Festivities! Residents at Robert Lee Care Center (top photo) and Bronte Health and Rehab Center celebrated the 4th of July last week with lots of fun and activities.

conservation in Texas, recently expanded its popular biennial photography competition in order to reach more landowners and photographers across the state.

The expansion includes plans to encourage the owners of any and all privately owned land across the state to participate in the contest. In addition, the organization has added a new category that allows individual photographers to compete for separate prize purses without being part of a landowner/ photographer team.

The competition, which has existed for 20 years, has three entry levels: landowner/ photographer team. videographer, and individual photographer. The two photography contests both span 50 categories and the videography contest has 8 opportunities for entries. Total prize purse for all three contests, all categories, is \$45,000. The goal of the competitions is to promote conservationism and to create a visual story of the beauty of native Texas land and wildlife, from insects to sunsets, from borders to bayous. The prize-winning photos for each competition are then used to produce a coffee-table book as well as promoting the educational outreach program of the organization, Kritters 4 Kids, which targets school-age children grades K-8.

"We are very excited to share that our upcoming contests are now available for landowners anywhere in the entire state of Texas," said Miles Phillips, Wildlife in Focus photo contest director. "Photographers and videographers from anywhere and with all levels of skill and









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