

BISD students attend summer cooking school

Several Bronte ISD students ended summer school with some cooking school fun. Forty plus students had the opportunity to learn about the following:

- Hidden Mysteries of Germs
- Tools of the Trade-Learning about Different Kitchen Tools
- Measuring Dry/Wet Ingredients
- Knives and Chopping/How to Cut Fruits and Vegetables Correctly (using a plastic knife)
- Cooking in the Kitchen-Learning Basic Principles of Kitchen Safety, How to Prevent Fires and Preparing a Fun Recipe!

On June 12 - 14 several Bronte youth had many opportunities to learn about kitchen principles that are needed each day. With instruction from Morgan Runyan, Coke Ag/NR and Milissa Wright, Health Agent, each participant learned some

fun and exciting things that they can prepare in the kitchen.

Each opportunity is taught through the 4-H Food and Nutrition project which takes place in Coke County. Morgan and Milissa wanted to highlight what is offered through the Coke County 4-H program.

Also, Bronte ISD was one of the schools that was recognized as a Healthy School Recognized Campus through Texas A&M AgriLife Extension. This honor is achieved by meeting certain criteria and participation in Texas A&M AgriLife Extension programs. Meeting these criteria demonstrates the school's commitment to supporting and encouraging students, staff, and parents to improve through health for a lifetime. With support from Bronte ISD administration, teachers, students and parents, this was accomplished. Coke AgriLife Extension looks forward to achieving this again for the 2023-2024 school year.



are going to be having drinks to drink responsibly, have a designated driver, or best yet just avoid alcohol," Long said.

Texas Game Wardens will be out patrolling several lakes and rivers along with inspections to ensure your boat has the property safety equipment.

"We will be checking alcohol, the water safety life jackets, throw cushions, fire extinguishers, [and] navigation lights," Long said. "Those are just some items we'll be checking with boaters throughout the weekend."

If you happen to be driving your boat out during the late hours or during late firework shows, make sure your navigation lights are on.

"There's gonna be a lot of firework shows out there on the

lakes," Long said. "Folks have your navigation lights on between sunset and sunrise, gotta have those lights on so other boaters can see you."

Before you hit the lake, Long advises new and veteran boaters to look over boater safety tips and training on their website. This will help to ensure boaters follow the proper safety measures and courtesy to keep you and other boaters around you safe.

"We encourage boaters to just slow down, be smart, and use common sense," Long said. "Be familiar with your boat, the lake you're going to, take swimming lessons, and supervise your kids. Just common courtesy on a busy weekend like what we have upon us."

Boaters must have a kill switch

attached to the driver of the boat. This will help to ensure the boat stops in case the driver gets ejected from the boat.

Livestock antibiotics now require veterinary prescription

By Julie Tomascik
TFB Editor

Antibiotics that were available over the counter now require a veterinary prescription.

The rule change went into effect June 11.

It was part of a change that was first announced last year by the U.S. Food and Drug Administration.

"This applies specifically to medically important antimicrobials. Those are essential to human medicine but also used to treat animals," Tracy Tomascik, Texas Farm Bureau associate director of Commodity and Regulatory Activities, said.

Antibiotics affected by the rule change include cephalosporins and cephalosporin benzathine, gentamicin, lincomycin, oxytetracycline, penicillin G, procaine and benzathine, sulfadimethoxine, sulfamethazine and tylosin.

These antibiotics require a

prescription from a veterinarian licensed in the state where the

animals are housed.

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