



Jr. Dinner Program deemed success

With Texas being the 19th most obese state in the nation and the percentage of the food budget spent on away-from-home food increasing steadily, healthy lifestyles programming is critical. The Jr. Dinner Tonight curriculum used experiential learning to teach healthy eating and active play, targeting behaviors research shows to be most important for preventing childhood obesity and chronic disease. Many topics such as food preparation, preparing safe foods, food safety, handwashing, family

mealtime, food labels, grains, healthy snacks, low calorie drinks, power up breakfast and physical education.

Bronte Elementary held their Elementary Dance and the Jr. Dinner Tonight program on March 24 at the gym. Parents, grandparents, children, grandchildren, teachers and community residents participated in the fun activities. Sponsored by Coke 4-H, the Jr. Dinner Tonight program was led by Coke County 4-H members, parents, State Healthy Texas Youth Ambassador and Health Agent Milissa Wright.

The Jr. Dinner Tonight

program is in conjunction with the Adult and Youth Walk Across Texas activities taking place currently. Once the programs are completed, Bronte ISD will be recognized as a Healthy School Recognized Campus through Texas AgriLife Extension.

Youth had the opportunity to learn about the MyPlate, Hand Washing, Low Calorie Drinks, Healthy Snacks, Healthy Jeopardy while participating in fun activities highlighting each topic.

Not only did the kiddos and adults take part in the fun activities, but each participant also had the opportunity to have their name entered for fun prizes.



motorist assist, alarm calls, etc) - 227
 MHMR Interactions - 4
 Civil Process - 0
 Prisoner Transport (including

arrest and to and from court) - 9
 Warrants Served - 2
 Livestock Calls - 22
 Accidents - 5
 Blue Forms Issued - 0

Accident Assist - 5
 Traffic Stops - 106
 Traffic Stops Resulting in Citations - 65
 Total inmates in jail as of

Monday, April 10, 2023:

Males - 3, Females - 3



5 Star Overall Rating



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